

AT **ARLINGTON CATHOLIC**, WE BELIEVE IN

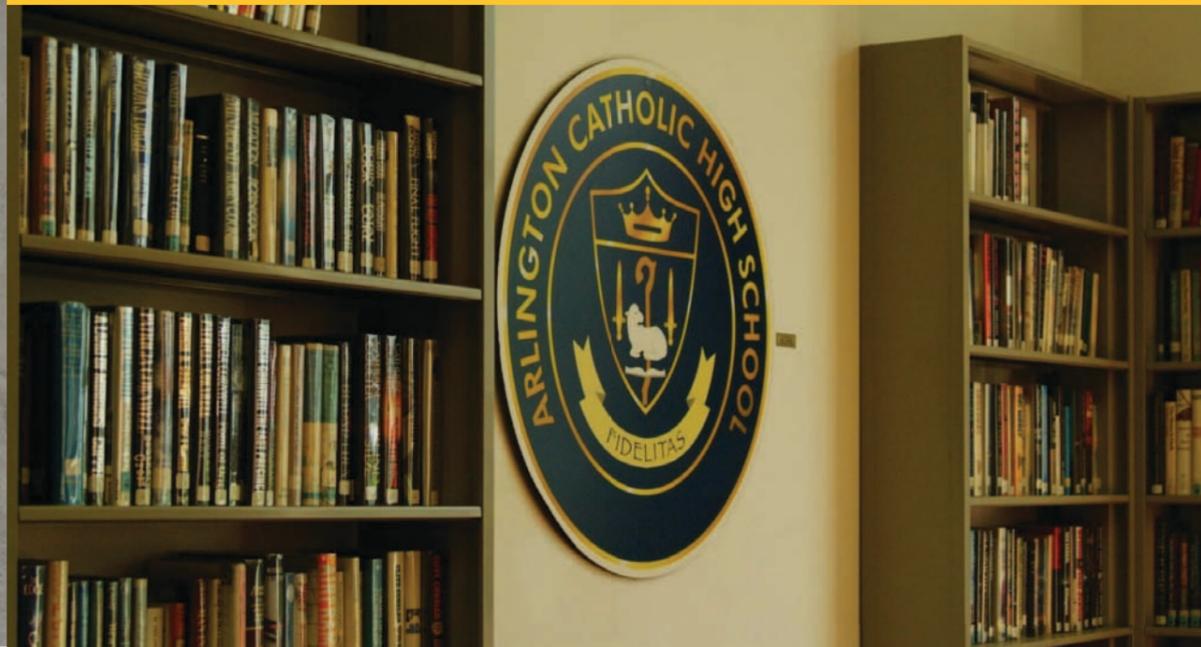
# HIGHER LEARNING

Teaching values-based education is a vital part of our mission at Arlington Catholic. We believe we're not just preparing students to reach their academic potential but to also become responsible, caring adults. So along with science, history and math, we teach compassion, honesty and charity. And that takes education up to the highest level.

WE ARE

Catholic  
Critical Thinkers  
A Close-knit Community  
People of Character

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$$q = mc \Delta T$$
$$\Delta T = \frac{q}{mc}$$
$$c = \frac{q}{m \Delta T}$$
$$m = \frac{q}{c \Delta T}$$

Our chemistry students  
learn formulas for  
Success.

## ACADEMICS

Arlington Catholic provides an academic atmosphere in which students are challenged to think critically and creatively. Whether working independently or collaboratively, students at AC are inspired by a dedicated faculty to reach their fullest potential. In addition, our guidance staff strives to place students at their appropriate and most stimulating academic levels.

With courses offered at the college preparatory, honors and Advanced Placement levels, students have the opportunity to pursue a wide range of academic core courses and electives. As part of the College Board's AP® Capstone program, we're pleased to offer AP® Seminar and AP® Research courses as well.



20 AP® COURSES OFFERED

90% OF STUDENTS PARTICIPATE IN A CLUB OR A SPORT

100% OF STUDENTS WHO APPLY TO POST-SECONDARY EDUCATION PROGRAMS ARE ACCEPTED

AC STUDENTS HAVE BEEN ACCEPTED TO OVER 100 COLLEGES ANNUALLY, INCLUDING:  
BOSTON COLLEGE • BOSTON UNIVERSITY • CASE WESTERN RESERVE UNIVERSITY • COLLEGE OF HOLY CROSS  
FORDHAM UNIVERSITY • NORTHEASTERN UNIVERSITY • PENNSYLVANIA STATE UNIVERSITY  
PROVIDENCE COLLEGE • ST. ANSELM COLLEGE • UMASS AMHERST • VILLANOVA UNIVERSITY • AND MORE

LEARN MORE AT [ACHS.NET/ACADEMICS](http://ACHS.NET/ACADEMICS)

HIGHER LEARNING MEANS:  
Teaching hearts and minds.

ARLINGTON  
CATHOLIC  
LIFE-LONG  
LEARNERS  
PLAY  
HERE

## ATHLETICS

Whether on the field playing or in the stands cheering, student participation in athletics at AC plays an integral role in a student's high school experience. AC offers a competitive and comprehensive athletic program with 12 male varsity sports and 12 female varsity sports. Many of these programs offer Freshman and Junior Varsity teams to encourage participation, enabling 70% of our student body to play at least one sport.

Our dedicated coaching staff, most of whom are AC teachers, understands the challenges of being a student-athlete and promotes a healthy balance between academics and athletics.

### BOYS TEAMS

Cross Country	Indoor Track
Football	Swimming
Golf	Baseball
Soccer	Lacrosse
Basketball	Tennis
Ice Hockey	Outdoor Track

### GIRLS TEAMS

Cross Country	Swimming
Soccer	Cheerleading
Volleyball	Lacrosse
Basketball	Outdoor Track
Ice Hockey	Softball
Indoor Track	Tennis

LEARN MORE AT [ACHS.NET/ATHLETICS](https://ACHS.NET/ATHLETICS)



HIGHER LEARNING MEANS:

Encouraging & preserving physical  
and mental well-being.



## CLUBS & ACTIVITIES

At Arlington Catholic, student involvement in extracurricular activities is an exciting and worthwhile part of the AC experience. Students not only are encouraged to hone existing skills, but also to develop new interests in our various clubs and service opportunities. For example, Humanitarian Club members work with homeless shelters to gain an understanding and compassion for some of life's more difficult situations.

Drawing from over 40 different neighborhoods, towns, cities and countries, the AC Community is a diverse one but through participation in clubs and service activities, students from all grade levels and backgrounds have the chance to unite as one!

### Campus Ministry

Chess Team

Drama Club

Humanitarian Club

Math Team

### Model UN

National Honor Society

Photography Club

Ping Pong Club

Robotics Club

### Science Team

Student Council

Women in Science Team

World Language Club

Yearbook

LEARN MORE AT [ACHS.NET/ACTIVITIES](http://ACHS.NET/ACTIVITIES)



### HIGHER LEARNING MEANS:

Developing a spirit of service within  
local & global communities.



Looks  
like  
school



Feels  
like  
home



## SUPPORT & SERVICE

AC students receive a great deal of support from our dedicated full time guidance staff. Our Freshman Transition programs help students make the adjustment from middle school to high school. From sophomore year to graduation, AC students are assigned an individual counselor who will help students and families navigate the course selection and college application processes. Students needing additional academic support benefit from our Achievement Center, which is designed to assist students with IEP and 504 accommodation plans.

## CAMPUS MINISTRY

Responding to the Core Values of character building and community, the Campus Ministry program at Arlington Catholic fosters a faith-based community by providing opportunities for students, faculty, staff and administrators to strengthen and share their faith.

The Campus Ministry program at Arlington Catholic organizes a variety of spiritual enrichment activities for students, which include school Masses, reconciliation services, retreats and service programs. All AC students are required to participate in community service every year.

LEARN MORE AT [ACHS.NET/GUIDANCE](http://ACHS.NET/GUIDANCE)

HIGHER LEARNING MEANS:

Providing a supportive, nurturing  
and welcoming environment.