***ARLINGTON CATHOLIC FALL TRYOUT SCHEDULE 2024***

***All students in grades 7 -12 may sign up for Sports. Grades 7th & 8th may only tryout foor Freshman or JV.***

**GOLF (BOYS & GIRLS)**

Contact Coach Mark Fusco: mfusco44@yahoo.com

**Monday, August 19th** at the Newton Commonwealth Golf Course, 8:40-12:40. Bring clubs and Golf Shoes. All students interested in joining the Golf Team must contact Coach Fusco before the tryout Day.

**CROSS COUNTRY (BOYS & GIRLS)**

Contact Coach Chris Simpson: cfsimpi68@yahoo.com

**Monday, August 19th – Friday, August 23rd** : all runners meet in AC cafeteria at **2:30**. Runners should bring water with them.

**VOLLEYBALL**

Contact Coach: Kenzie Eisner: **kenzie.eisnor01@gmail.com**

Arlington Catholic Volleyball Tryouts Schedule - Fall 2024

NOTE: Players may be asked to attend sessions not intended for their grade should coaching staff wish to see them play alongside different athletes. This does not mean that athlete will remain in that session for the rest of tryouts and does not indicate a final spot at that age level/team level.

**Monday, August 19th: Day 1**

9:00-10:30 am - Incoming Freshman and interested SAS students (8:45 registration)

11:00-12:30 pm - Sophomores and players who played on the freshman team in the previous season. NOTE: Incoming Freshman attending the second session on day 1, will attend the third session the rest of the week unless otherwise directed by Coach Kenzie. (10:45 registration)

1:00-2:30 pm - Seniors, Juniors and returning Varsity players (12:45 registration)

**Tuesday, August 20th: Day 2**

9:00-10:30 am - Incoming Freshman and interested SAS students

11:00-12:30 pm - Sophomores

1:00-2:30 pm - Seniors, Juniors and returning Varsity players

**Wednesday, August 21st: Day 3.** NOTE: Time changes for the remainder of the week.

9:00-10:30 am - Incoming Freshman and interested SAS students

11:00-12:30 pm - Sophomores

1:00-3:00 pm - Seniors, Juniors and returning Varsity players

**Thursday, August 22nd: Day 4**

9:00-10:30 am - Incoming Freshman and interested SAS students

11:00-12:30 pm - Sophomores

1:00-3:00 pm - Seniors, Juniors and returning Varsity players

**Friday, August 23rd: Day 5**

9:00-10:30 am - Incoming Freshman and interested SAS students

11:00-12:30 pm - Sophomores

1:00-3:00 pm - Seniors, Juniors and returning Varsity players

**Saturday, August 24th: Day 5**

10:00- 11:30 am - All Freshman and interested SAS students

TBA - All players trying out for Varsity and Junior Varsity Scrimmage at Weston High School

**Sunday, August 25th: OFF Day. No sessions.**

**Monday, August 26th**: Meetings with the coaches. Teams will be made.

\*Times are subject to change depending on the number of players trying out.

9:00-10:30 am - ALL incoming Freshman and interested SAS students

11:00-12:30 pm - Sophomores

1:00-2:30 pm - Seniors, Juniors and returning Varsity players

2:45-4:00 pm - Varsity Meeting/Practice

**GIRLS SOCCER**

Contact Coach Balliro at jballiro@achs.net with any questions

All tryouts will be held on the Kathleen Hintlian Turf Field on Summer Street. Players must come equipped to play soccer (cleats and shin guards) and bring a ball and water. The schedule is subject to change based on weather or heat index.

**- Tryout Week -**

**Monday, August 19th-** 9:00 AM - 11:30 AM

**Tuesday, August 20th -** 9:00 AM - 11:30 AM

**Wednesday, August 21st -** 3:00 PM - 5:30 PM

**Thursday, August 22nd -** 9:00 AM - 11:30 AM

**Friday, August 23rd -** 9:00 AM - 11:30 AM

**Saturday, August 24th -** OFF

**Sunday, August 25th -** Medford Jamboree for invited players - Time TBD- Medford HS Fields

**- Practice Week 1 -**

**Rostered players will practice with their selected team (Varsity or JV)**

**Teams will practice at the times listed below:**

**Monday August 26th -** 3:00 PM - 5:00 PM - Thompson School Field

**Tuesday August 27th -** 3:00 PM - 5:00 PM - Thompson School Field

**Wednesday August 28th -** 3:00 PM - 5:00 PM - Thompson School Field

**Thursday August 29th -** Varsity and JV scrimmage @ Tewksbury HS 4:00 PM

Transportation will be provided from AC at 2:30 PM

**Friday August 30th -** 3:00-5:00 AC Turf

**BOYS SOCCER**

Contact Coach Dan Munroe at dmunroe@achs.net with any questions

All tryouts will be held on the Kathleen Hintlian Turf Field on Summer Street. Players must come equipped to play soccer (cleats and shin guards) and bring a ball and water. The schedule is subject to change based on weather or heat index.

**- Tryout Week -**

**Monday, August 19th-** 7:00 AM - 9:00 AM

**Tuesday, August 20th -** 7:00 AM - 9:00 AM

**Wednesday, August 21st -** 7:00 AM - 9:00 AM

**Thursday, August 22nd -**7:00 AM - 9:00 AM

**Friday, August 23rd -** 7:00 AM - 9:00 AM

**Saturday, August 24th -** OFF

**Sunday, August 25th -** OFF

**- Practice Week 1 -**

**Rostered players will practice with their selected team (Varsity or JV)**

**Teams will practice at the times listed below:**

**Monday August 26th -** 2:45 PM - 4:15 PM Magnolia Park Arlington

**Tuesday August 27th -** 2:45 PM - 4:15 PM Magnolia Park Arlington

**Wednesday August 28th -** 2:45 PM - 4:15 PM Magnolia Park Arlington

**Thursday August 29th -** 7:00 AM - 9:00 AM

**Friday August 30th -** 7:00 AM - 9:00 AM

**FOOTBALL**

**Coach Dave Wilcox: dwilcox@achs.net**

 **This Schedule is for all levels- Varsity, Sub Varsity and Freshman/Middle School.**

**PLAYERS WILL MEET AT THE SCHOOL AND THEN WALK TOGETHER TO THE KATHLEEN HINTLIAN FIELD FOR PRACTICE.**

**Friday August 16, 2024- Equipment Distribution and First Practice-Helmets and Spirit Gear**

* **\*\*Players report by grade level at their scheduled time to be assigned lockers and receive equipment.\*\***
* Equipment Distribution and Locker Assignments:
	1. Seniors- 12 PM
	2. Juniors - 12:15 PM
	3. Sophomores- 12:30 PM
	4. Freshmen/Middle School - 12:45 PM

**Team Informational Meeting 1:15 PM**

**Freshman/Middle School Practice 3 PM-4:30 PM**

**Varsity Practice 5 PM- 7PM**

**Saturday August 17, 2024- Second Day of Practice-Helmets and Spirit Gear**

* **Doors Open 8 AM**
* **Freshman/Middle School Practice 8:30 AM- 10 AM**
* **Varsity Practice 10 AM - 12 PM**

**Sunday  August 18, 2024- OFF**

**Monday August 19, 2024- Third Day of Practice-Helmets**

* **Freshman/Middle School Practice 3 PM - 4:30 PM**
* **Varsity Practice 5 PM - 7 PM**

**Tuesday August 20, 2024- Fourth Day of Practice-Uppers**

* **Freshman/Middle School Practice 3 PM - 4:30 PM**
* **Varsity Practice 5 PM - 7 PM**

**Wednesday August 21, 2023- Fifth Day of Practice-Uppers**

* **Doors Open 8 AM**
* **Freshman/Middle School Practice 8:30 AM- 10 AM**
* **Varsity Practice 10 AM - 12 PM**

**Thursday August 22, 2023- Sixth Day of Practice-Full Pads**

* **Freshman/Middle School Practice 3 PM - 4:30 PM**
* **Varsity Practice 5 PM - 7 PM**

**Friday August 23, 2023- Seventh Day of Practice-Full Pads**

* **Freshman/Middle School Practice 3 PM - 4:30 PM**
* **Varsity Practice 5 PM - 7 PM**

**Saturday August 24, 2023- Eighth Day of Practice-Full Pads- Home versus MHS**

* Doors Open at 7:30 AM for **ALL PLAYERS**
* **Meeting at 8 AM**
* **Scrimmage begins 10 AM AT HINTLIAN FIELD**

**Monday August 26, 2023- Ninth Day of Practice-Full Pads**

* **Freshman/Middle School Practice 3 PM - 4:30 PM**
* **Varsity Practice 5 PM - 7 PM**

**Tuesday August 27, 2023- Tenth Day of Practice-Full Pads**

* **Freshman/Middle School Practice 3 PM - 4:30 PM**
* **Varsity Practice 5 PM - 7 PM**

**Wednesday August 28, 2023- Eleventh Day of Practice-Full Pads**

* Doors Open at 1 PM
* **Game Prep 2:30 PM**
* **Game Scrimmage 4 PM AT HINTLIAN FIELD**

**Thursday August 29, 2023- Twelfth Day of Practice**

* **Doors Open 8 AM**
* **Freshman/Middle School Practice 8:30 AM- 10 AM**
* **Varsity Practice- Game Prep AHS**

**Friday September 30, 2023-**

* **Doors Open 8 AM**
* **Freshman/Middle School Practice 8:30 AM- 10 AM**
* **Varsity Practice 10 AM - 12 PM**

**Saturday September 2, 2023**

**OFF**

**Sunday September 3, 2023**

**OFF**

**Monday September 4, 2023**

**Doors open 10 AM**

**Practice - 11:30 AM to 1:30 PM**

**FIELD HOCKEY**

**Coach Susan Monfette –** susanmonfette@hotmail.com

All tryouts will be on the Kathleen Hintlian AC Turf the first week and will be on Buzzell Field (Above the turf) the second Week

Please bring Field hockey Stick, Mouthguard, sneakers for Turf, Cleats for Grass, and a Water Bottle

 **WEEK 1**: Monday, August 19th, 11:30 – 1:30

 Tuesday, August 20th, 11:30 – 1:30

 Wednesday, August 21st, from 5:30 – 7:30

 **WEEK 2:** Tue, Wed & Thursday from 3:00 – 5:00