

ACHS
SA **AGNES**

FIDELITAS

2017 - 2018

Arlington Catholic High School | Saint Agnes School



HIGHER LEARNING

www.achs.net



Saint Agnes Parish fosters strong individual academic achievement and character development, centered on our Catholic faith. Our co-educational Pre-K through Grade 12 school nurtures a community of critical thinkers dedicated to integrity, service, and living the Gospel message of Christ in the twenty-first century.



Class of 2018 Commends...



VALEDICTORIAN Andrew Chan

The Valedictorian is the student who has earned the highest GPA in the Class of 2018.

Andrew will be attending Boston University in the fall and studying biomedical engineering.



SALUTATORIAN Matthew Patterson

The Salutatorian is the student who has earned the second highest GPA in the Class of 2018.

Matthew Patterson will be attending Merrimack College in the fall.

SISTER MELANIA AWARD

Sophia Struzziero



Sophia Struzziero is the 2018 recipient of the Sister Melania Award, named for the first principal of Arlington Catholic and given to a senior girl who exemplifies school loyalty, character, service, achievement, and leadership. Sophia will be attending the University of Massachusetts, Amherst and studying biochemistry/pre-med.

MSGR. O’GORMAN AWARD

Kristopher Shuman



Kristopher Shuman is the 2018 recipient of the Monsignor O’Gorman Award, named for the pastor of St. Agnes Parish when AC first opened in 1960, and given to a senior boy who the faculty feels has demonstrated school loyalty, character, service, achievement, and leadership. Kristopher will be attending Hofstra University in the fall and studying mechanical engineering/aerospace.

SISTER CATHERINE CLIFFORD TRIBUTE AWARD

Brian Morgan



Brian Morgan has been selected as the recipient of the 2018 Sister Catherine Clifford Tribute Award. Funded by the faculty and staff, this award is given to the graduating senior who best exemplifies the school motto put forth by longtime Principal Sister Cathy: “Act Justly, Love Tenderly, and Walk Humbly with your God.”

Brian will be attending Fordham University in the fall and studying computer science.

MSGR. LINNEHAN AWARD

Cara Favuzza



Cara Favuzza has been chosen to receive the 2018 Monsignor Linnehan Award, named for the longtime pastor of St. Agnes. Funded and selected by the faculty, the winner is someone who has made a positive difference within the school, who lives his or her faith, and who is generous, sincere, caring and dependable.

REVEREND BRIAN M. FLATLEY AWARD

Cate Gallager



The first recipient of the Reverend Brian M. Flatley Legacy Award is **Cate M. Gallager**. Father Flatley has served as Pastor of Saint Agnes Parish since 1996. This award was created to recognize his service and dedication to Arlington Catholic. Father Flatley is a devoted and faithful man who is committed to the entire Saint Agnes Parish community, the faith of its members, and fostering each individual’s relationship with God. The award, in his honor, is given to a senior who, like Father, is devoted to the community, their faith, and sharing their relationship to God with others. Cate will be attending Stonehill College in the fall and studying business.

Cardinal Medeiros *Scholarship*

Erin Montion

This is a four-year full tuition scholarship to Boston University awarded to selected graduating seniors from parochial high schools. Recipients are chosen for academic achievement, leadership ability and dedication to community service.

Erin will be attending Boston University in the fall and studying neuroscience.

Presidential Catholic *Scholarship*

Cara Favuzza

This is a four-year full-tuition scholarship available to selected graduating seniors from parochial high schools to attend Regis College as a residential student. Recipients are recognized for their outstanding academic records, leadership qualities, and dedication to community service activities.

Cara will be attending Regis College and studying nursing.

ROTC *Scholarship*

Kieran Mullen

The ROTC scholarship will provide full college tuition and provide an allowance for textbooks, school supplies, and required equipment. In addition to these generous benefits, this scholarship also includes an educational grant each school year. Kieran will be attending Northeastern University in the fall and studying electrical and computer engineering.



SCHOLAR ATHLETES

Scholar Athletes must achieve a letter for at least two years in two separate Varsity sports in addition to being the highest ranking student in competition.

The male and female scholar athletic awards are given to the senior male and female

athlete with the highest ranking grade point average who participated in two or more sports at the varsity level, for a minimum of two years in each sport including at least 2 varsity sports in senior year. They also must finish the season in good standing.

Male Scholar Athlete Award: Kieran Mullen

Female Scholar Athlete Award: Anna Lynch.



WOMAN AND GENTLEMAN ATHLETES

The Woman and Gentleman Athletes are nominated by their coaches and chosen by the faculty and staff of AC with the criteria being that the athlete conduct themselves with dignity and class, both on and off the playing field.

The recipients of the Woman Athlete and Gentleman Athlete awards have been selected for their leadership, sportsmanship, and the level of respect they have earned within the Arlington Catholic community, both on and off the playing field. The candidates have been nominated by their respective coaches and the faculty and staff selected the recipients. The recipients of the Woman Athlete and Gentleman Athlete awards have been selected for their leadership, sportsmanship, and the level of respect they have earned within the Arlington Catholic community, both on and off the playing field. The candidates have been nominated by their respective coaches and the faculty and staff selected the recipients.

Woman Athlete Award: Caroline Peterson.

Caroline is attending Loyola University, Maryland, studying speech and language pathology.

Gentleman Athlete Award: Kieran Mullen

Where are they *Now*

The Members of the Class of 2018 are attending the following Colleges and Universities.

Hannah Amaral	St. Joseph's College, Maine	Caleb Dolcius	Salem State University
Matthew Ahern	New England College	Michelle Donahue	Simmons College
Raquel Andrade	Merrimack College	Joseph Donovan	University of Massachusetts, Dartmouth
Lauryn Anthony	Providence College	Andrew Doyle	University of Massachusetts, Amherst
Sophia Ascolese	University of Tennessee	Zoe Elpidoforos	Emmanuel College
Hyeon Joon Bang	Clarkson University	Rose Fagan	Assumption College
Jake Bordonaro	Westfield State University	Cara Favuzza	Regis College
Hannah Brady	Emmanuel College	Joshua Ferreira	North Shore Community College
Paige Bromander	Quinnipiac University	Shane Fitzgerald	Endicott College
Shawn Brown	University of Connecticut	Cate Gallagher	Stonehill College
Veronica Burke	Boston University	Shayna Gnewuch	University of Colorado, Boulder
Michael Burke	Providence College	Khadijah Godo	University of Rhode Island
Anan Cao	Reed College	Haiden Goyette-LeBlanc	Curry College
Zoe Carroll	Framingham State University	Brett Grace	University of Massachusetts, Lowell
Veronica Caruso	Manhattan College	Allison Greenough	University of Massachusetts, Lowell
Jillian Casey	Fairfield University	Xiao Yuan Guo	Suffolk University
Morgan Casey	Framingham State University	Lauren Hamilton	Merrimack College
Jessica Cavanaugh	Salve Regina University	Matthew Hanley.....	Undecided
Valerie Chaffee	Massachusetts College of Art	Gavin Healy	Memorial University of Newfoundland
Andrew Chan	Boston University	Katharine Ives	Regis College
Sijin Chen	Rensselaer Polytechnic Institute	Jeffrey Joas	Merrimack College
Michelle Chokureva	Manhattan College	Michael Kallenberg	Merrimack College
Abigail Connell	University of South Carolina	Brian Keating	SUNY Oswego
Katrina Conrad	Rollins College	Lisa Kehoe	Curry College
Madeline Courtney	University of Massachusetts, Amherst	Meredith Kelly	Johnson & Wales University
Carrigan Dall	High Point University	Erica Kenney	St. Anselm College
Gabriel Daly	Endicott College	Jihyeon Kim	Boston University
Alex D'Andrea	Fordham University	Matthew Kotzuba	Merrimack College
Alexandra DeFabritiis	Roger Williams University	Kailey Lane	Duquesne University
Bianca DelMaestro	Endicott College	Christine Liang	Mount Holyoke
Olivia DeLuca	Salem State University	Yiwen Lin	University of Connecticut
Iliana DePena	Salem State University	Haicheng Liu	Northeastern University
Christina DiFelice.....	Flagler College	Brendan Looney	St. Michael's College
Thuyen Dinh	Bunker Hill Community College	Sabrina Lopez	Salem State University

Anna Lynch College of the Holy Cross
 Carin Magee Salve Regina University
 Ryan Maher Middlesex Community College
 Daniel Maher Undecided
 Gianna Martin University of Massachusetts, Amherst
 James Matthews Bentley University
 Christopher Matthews Providence College
 Madeline McAfee Sacred Heart University
 Ryan McBride Middlesex Community College
 Timothy McCadden Northeastern University
 Jessica McNamara University of New Hampshire
 Heather McShane Undecided
 Michelle Mei Bryant University
 Sofia Mendoza Merrimack College
 Elizabeth Miller Regis College
 Erin Montion Boston University
 Brian Morgan Fordham University
 Kieran Mullen Northeastern University
 Marie France Muyumba Suffolk University
 Samantha Noonan Curry College
 Whitney Omoruyi Washington University in St. Louis
 Mario Pandolfi Endicott College
 Vasilios Papanthanasios Nichols College
 Kordell Parrish Salem State University
 Anthony Parziale Curry College
 Jenna Passatempo University of Massachusetts, Amherst
 Matthew Patterson Merrimack College
 Lissa Paul Salem State University
 Michaela Pescara Undecided
 Caroline Peterson Loyla University, Maryland
 Isabella Petrillo Santa Monica College
 Nghia Pham B unker Hill Community College
 Hien Pham St. Anselm College
 Taleah Pierre-Louis Undecided
 Alexis Pimental University of New Hampshire
 Joao Paulo Pinto University of Massachusetts, Lowell
 Eric Plowden University of Massachusetts, Amherst
 Luke Prior Providence College
 Mike Quinci Middlesex Community College
 Mia Raso Salve Regina University
 Allison Raymond Assumption College

Jonathan Reardon Regis College
 Isabella Rich Salve Regina University
 Isabella Rizzo University of Massachusetts, Boston
 Elexis Rodriguez University of Massachusetts, Dartmouth
 Olivia Romvos Emmanuel College
 Madison Rossetti University of Colorado, Boulder
 Jamie Rufo Framingham State University
 Jessica Rushton Bryant University
 Frederick Russell Syracuse University
 George Sarris University of Rhode Island
 Daniel Seaver Plymouth State University
 Daniel Shea Undecided
 Hyeonwoo Shin University of California, Davis
 Kristopher Shuman Hofstra University
 Patrick Sicotte SAE Institute, Nashville
 Mackenzie Siewert Emmanuel College
 Timothy Simmons Providence College
 Justin Smith Southern Connecticut State University
 Julia Snider Elon University
 Peishan Song Laboratory of Institute of Merchandising
 Sophia Struzziero University of Massachusetts, Amherst
 Calvin Stumcke University of Massachusetts, Amherst
 Fanli Su Rutgers University
 Spencer Sullivan Emmanuel College
 Christopher Sullivan University of Massachusetts, Lowell
 Jonathan Thorpe James Madison University
 Patrick Tighe Middlesex Community College
 Gina Tosi Regis College
 Hale Tresselt University of Connecticut
 Robert Valeri Sacred Heart University
 Kate Venditti Marquette University
 Luke von Hunnius Southern Connecticut State University
 Nick Wanasa Merrimack College
 Xingze Wang P ennsylvania State University
 Kaibin Wang University of San Francisco
 Kelsey Wengler Salve Regina University
 Rylan Wertz Merrimack College
 Elaine Woods University of Massachusetts, Lowell
 Christina Yapoudjian Endicott College
 Julia Yianacopolus University of North Carolina, Wilmington

Saint Agnes

Graduation

Saint Agnes School's Class of 2018 graduated on Friday, June 8. Mass was concelebrated by Rev. Marc Bishop, Rev. Robert Sahayaraj, Rev. Brian Flatley, and Rev. John Graham. 41 students received diplomas. 32 of the graduates will attend Arlington Catholic in the fall. The following students received awards and scholarships in recognition of their efforts in the areas of academics, leadership, and service.

Saint Agnes Family Association Christian Discipleship Award

Mary Kate Terry

The Past Grand Knight John J. Stanton Memorial Scholarship

Thomas Cahill

Past Grand Knight Edward J. Downs Scholarship

Kathryn Stephan

Perrone Family Future Scientist Scholarships

Shea Melin

Victoria Bacchi

Daniel A. Cocuzzo Memorial Social Studies Scholarship

Jack Brockman

Joan Uliano Memorial Scholarship

Rose Billings

Jay Tobin Memorial Scholarship

Donald MacMillan, III

Elizabeth Baran Memorial Spirit Award

Victoria Caggiano

Sister Patricia Randall – Carol Elices Spanish Scholarship

Mikayla Donovan

Principal's Scholarship in Honor of Robert A. Penta

Wuhib Solomon

Catholic Women's Club of Arlington Scholarship

Kelly Cunha



SERVICE

Service and leadership has been a part of the mission of Saint Agnes School and Arlington Catholic High School since their inception

This call to serve is equally important to the development of our students as learning chemistry, english and math.

Here are some highlights of the wonderful work of our students, and the work of our alumni, who continued their dedication to service many years after their graduation.

SUZY DUONG

Student, Arlington Catholic

A talented person without kindness is useless, a kind person without talent lives a hard life,” a great person whom I admired once said so, being a student— a learner— is not merely about going to school, take in formulas, and be the smartest kid, it is also about being about to feel and interact with the world, as in, the entire world. The annual trip of Humanitarians to Camden, New Jersey is the perfect opportunity for AC students to reach out to the community beyond their comfort zone. Personally, it was such an eye-opening experience.

I spent years in school learning that everyone is my brothers and sister; however, it never hits me as anything more than a lesson on a piece of paper that will be use for a test. Yet when I reached Camden, I see myself in the people, and as my friend Michaela said, “this is Christ.” We are privileged, and young, which is a recipe for living inside our bubbles and never look outside, having prejudice against “foreignness.” There is nothing— I believe— that is a more perfect cure for this than real life interactions. The weekend at Camden is filled with simple moments like the Pictionary game, puzzling, movie time, that make me, and perhaps us, forget that we came from different backgrounds, reminds us that we are not that much different, that we are all part of the “God’s children” mentioned in the theology books at school. Erasing misconceptions is destroying the wall that stop hearts from hearts, which is such an important aspect of stepping together as one family under God.

Realizing that we are all part of the same family, I was eager to serve. Service is not always doing something big, sometimes it is just being present, listening to the stories, help put a piece of puzzle in place, planting a single tree. Serving changes lives; no matter big or small. The most wholesome smile I saw on the trip was from an old lady seeing her complete jigsaw puzzle. That piece of puzzle that I simply place in would not be something I need in my life, nor would it alternate my life drastically. But that smile is something I need in my life. That smile reminds me that little things I serve today put happiness on other people’s faces. I was happy. Service is a very peculiar way to describes what the Camden experience is. In other word, it is more like I sacrifice a little bit of myself to gain a gift of joy.

The Camden trip is the perfect example of how AC practice what it preaches. I was educated while staying spiritually connected, practicing both talent and kindness.



MICHAEL PIERCE '96

Alum, Arlington Catholic

“IT TAKES A VILLAGE” is so much more than a phrase for our family. I am an ACHS alumni from the Class of 1996. My name is Michael Pierce '96 and along my wife Kathan, we are the founders of The Pierce Family Fragile X Foundation which is a non-profit organization that raises money to fund research for a rare genetic disorder called Fragile X Syndrome. We have two sons, Graham (4 years old) and Reid (3 years old) who were both diagnosed with this disorder in the last two years.

Fragile X Syndrome is the most commonly inherited form of intellectual disability. It is caused by the mutation of the X chromosome that prohibits a genetic protein from being produced that enables our brains to develop and operate. As a result, every aspect of Graham and Reid's lives is impacted. There is currently no cure for Fragile X. Approximately 100,000 people live with Fragile X across the United States.

With intense therapies and treatments, we are hoping to increase Graham and Reid's level of development so they can learn, foster independence, and hopefully live a fulfilled life. Our goals for Graham and Reid have not changed since they were born. We want to ensure they are happy, well-loved and have purpose. However many of these possibilities are not givens for us. Today we don't know if Graham or Reid will ever talk, be able to attend traditional schools, be able to read, be able to live on their own, or be able to work to name a few. These worries live with us each day as we worry who will care them for them when we are no longer here. We knew these problems would not solve themselves so we quickly turned our tears into actions and formed The

Pierce Family Fragile X Foundation knowing that we were going to make a difference for them.



It takes a village to find a cure.

Our tag line has been “It Takes a Village to Find a Cure” and the Arlington Catholic community has been a large part of “our village” since we shared our story with the world just 2 years ago. I've connected and re-connected with so many alumni as they have not only shown their financial support, but have also donated their time and talents to help spread the word of our story as well as make our fundraising events successful. We have two additional alumni on our Board of Directors who also happen to be my sister, Christine Pierce '94 and my brother, Matthew Pierce '96. Through the

generosity of countless people, our foundation has raised over \$250,000 in just two years. Our foundation was able to fund grants for cutting-edge Fragile X research at Massachusetts General Hospital, Boston Children's Hospital, and Tufts University. Graham is also the first child in Boston and 1 of only 100 across the country to be part of a Fragile X clinical trial funded by the National Institutes of Health which is testing an orphan drug on children with Fragile X.

While we have raised a lot of money, we know it is not enough to help solve the challenges that come with Fragile X. One thing is for certain in life and that is that each of us will be given different challenges and what really matters is how we each to decide to overcome those challenges. Please consider being part of the cure by making a tax-deductible donation. You can do so by visiting our website at piercefxfoundation.org. 100% of the net proceeds will go to fund more Fragile X research.

SERVICE

MARISA MCQUAID '94

Alum, Arlington Catholic

Sometimes you open a door to one path and end up on a completely different one. While I was a student at Arlington Catholic, I learned the importance of helping others, giving back and volunteering, but it wasn't until I got to college that I decided change from a focus on business to focus on social justice issues both systemic change and helping others. Working on issues such as homelessness and poverty is often challenging, but I am glad that I have pursued this path.

I've worked as a social worker at the Massachusetts Coalition for the Homeless, a non-profit public policy and advocacy organization that also provides innovative programs to assist those experiencing poverty, for the past 13 years in different roles. I've worked mostly on programming, currently as Director of Programs. The focus on both policy and programming was what led me to the organization. We currently have advocates who are on site at our community partners as far south as Brockton and as far north as Lawrence and Lowell to offer on site homelessness prevention and housing and benefits workshops. We help people with landlord mediation, housing search, including applying on waiting lists for affordable housing, and applying for benefits they are entitled to including help with food, cash assistance and fuel assistance. We also have a program to provide free furniture to households who are elderly or who have someone living with a disability.

The program which we are grateful to have received assistance from Arlington Catholic is our A Bed for Every Child program. We raise money to buy beds for school aged children whose parents are not able to afford them. We receive about 200 referrals per month for this program. We know that there is still a lot of work to be done, but we are committed to helping those in need.

SISTER KATHY BERUBE '64

Alum, Arlington Catholic

WOW! 54 years since I walked up to receive my diploma from ACHS. Throughout these years I have carried with me the lessons learned inside the walls of AC. After attending Regis for one year, I entered the Congregation of the Sisters of St. Joseph and completed my college studies with a major in math. Having been influenced by some very dedicated and caring teachers, I dreamed of becoming a teacher and I have, in fact, continued to spend my life in the classroom working with young people – from Kindergarteners to high school seniors. After teaching grades 7 & 8 in several parish schools and high school girls at Mt. St. Joseph Academy, I spent 26 wonderful years of working with “young men” ages 10-14 and with their families at the Boston Archdiocesan Choir School at St. Paul's in Cambridge both as teacher and principal. Currently, I am teaching Latin to fifth and sixth graders at the Jackson School in Newton. I continue to be energized by the enthusiasm and eagerness of the young people who come into my life each day. While I may be the one who is the teacher, I learn much from the students, their families and my colleagues as together we strive to make our world a more just and caring place for all people, as we “act justly, love tenderly, and walk humbly with God.” I hope and pray that the lessons that I learned at AC will be passed on to the young people in my classroom through the ordinary moments of each day.

KAILEY LANE**Student, Arlington Catholic**

For the past two years, I decided to take a leap of faith and join a youth group with a church in Winchester. Not knowing what I dove headfirst into, I was ready to take any challenge that came my way. I have always been interested in participating in service trips, but never really knew how to go about it, or where to begin. Luckily, with joining this youth group, came mission trips that I have been blessed to take part in. During my February vacation of my junior year, our youth group traveled to Tuskegee, Alabama to help repair homes that were a part of Alabama Rural Ministry. I was out of my comfort zone, this being my first trip, but I was ready to embrace it with open arms and dive in.

The fifteen of us were divided into teams to each have different worksites for the week. On the way to our site, we were handed a small piece of paper with basic information on the homeowner describing her likes, interests and hobbies. The piece of paper had such vague information, but I knew in order to connect with her, I had to go beyond that small piece of paper. I was blessed to have been assigned to work on the home of Ms. McAlpine. Some of my work consisted of rebuilding her cabinets, fixing her outdoor steps, replacing transition strips on floors and replacing the floor board where her hot water heater was. Coming from a financially stable family, I was told to step back from my life and embrace the life she had. She was under the poverty line, and providing for herself, her daughter, son-in-law and her grandson; she was struggling. As our five days on the worksite progressed, I made bonds with not only the kids in my youth group, but Ms. McAlpine herself. We grew to have strong conversations, we prayed together and just talked about our lives. She was no different than I was; we were both children of faith. Our bond first grew when I asked her if she wanted to pray with me. We prayed for her home, her life, good health and happiness. She had said to me “This is one of the best feelings of community I’ve felt in a while”. She always had a smile on her face. The power of prayer can be so strong, you just need to have faith and believe in what you are doing. After my trip to Alabama, my faith had grown so much. The Sunday gatherings for youth group became routine, and also the question of, “Where is next year’s trip going to be?”. We were blessed, as a youth group, to take another mission trip this past April to Philadelphia and work with the Philadelphia Project. Different than work with Alabama Rural Ministry, we were completing a new task each day to help the community. My work consisted of making and passing out meals to the homeless in the city, passing out flyers for a church community event, repairing a home, fixing a community garden and working at an after school program daily. Mission trips are community service, but they don’t feel like it. The rush of happiness you get from giving back to the community makes this work so rewarding and worth every minute. At each week-long trip, I gave over 35 hours of service. When I look back on the work I have done, I know I have made such a positive impact on those we had helped. In the future, plan to participate in alternative spring break and go on mission trips to help serve those who need it, and spread the love of God through amazing work. I plan to be involved in Campus

Ministry and make an impact at Duquesne University, where I will be attending in the fall of 2018. I encourage everyone to step out of their comfort zones and get involved. Mission trips can help not only you grow as a person of faith, but also help those around you. You can make a difference, so be the difference.

SERVICE

Ms. FRANCHINI

Teacher, Arlington Catholic

Faith and service has been an integral part of my life. I began singing in the church choir when I was ten years old. This commitment has become a life-long dedication and joy. From continued service for the church every Sunday, I learned the importance of cultivating my faith. It is not easy but necessary if I want to grow closer to God, my family and others. This naturally led me to service work and advocating for justice throughout society. Early in my twenties, I would jump at the chance to participate in service clubs, trips and retreats. For example, I went on an alternative spring break to Neah Bay Washington where I learned from and worked with the Makah Indians for a week. With such an intimate encounter with an isolated community, I came to grips with the reality of our society's flaws and shortcomings, as well as, the deep human desire for connection, belonging, faith and love.

Upon volunteering to chaperone for the AC Humanitarian club's Romero Retreat, I hoped the students would experience a similar conversion that I did so many years ago. I was also very excited to be part of their journey and accompany them through the challenging encounters, jaw dropping realizations and physically exhausting service work. What I recognized early on within the students was an openness to new experiences and ideas that surprised me. With their enthusiasm for growth and deep connection, I anticipated an attentive and moving experience. I was not disappointed. I was struck by their intuitiveness, expansive social justice vocabulary and eagerness to learn more. Not only did they treat one another well, but they showed respect towards our Romero hosts, fellow volunteers from Virginia and the local Camden community. As a collective group I noticed how quickly we bonded and supported and looked out for one another. With singalongs in the vans and group reflections at the end of the day, we struck a balance between joyful presence and prayerful reflection.

With such a captivating experience, I am more hopeful for the overall well-being of AC students and community than ever before. In some AC members, I recognize a deep desire for awareness, conversion and faith development. I am hopeful that the sheer presence and gusto of these members will positively transform those around them. I am personally transformed by the Camden retreat and am eager to share my experiences, thoughts and feelings with the AC community. Because of my personal transformation in recent months, I more clearly recognize God's abundant love. I am, therefore, motivated to actively participate in campus ministry in hopes of bringing about God's grace and joy in and throughout AC.

JOHN HARDING '88

Alum, Arlington Catholic

BE HUMBLE AND NEVER GIVE UP! I have been honored to serve our great nation for the past 27 years in both the Marine Corps and Army as an infantry officer, lawyer, and foreign advisor. Whatever I have accomplished in life I owe to my Lord and Savior Jesus Christ who is merciful, forgives, and truly saves! While I have always hungered and thirst for righteousness through service to others, I was only an average student and a bit of a “wayward son” while at Arlington Catholic and throughout college. While my parents and A.C. gave me great role models to follow, I often found myself learning the hard way. Be humble and heed the advice of your elders, teachers, coaches, and loved ones. Fortunately, there is always hope through Jesus. So, ...

GO TO MASS REGULARLY, FORGIVE OTHERS, AND ALWAYS DO YOUR BEST!

Life is not easy! School, work, sports, family, etc. are all challenging. People will hurt you – forgive them – even if they do not ask for the forgiveness. As Jesus tells us in John 16: 33, *“In the world you will have trouble, but take courage, I have conquered the world.”* Throughout my 13 operational and 4 long combat deployments throughout Iraq, Afghanistan, the Pacific, Europe, and Israel, I have not only witnessed great suffering, but also seen Jesus conquer all of the sin and pain of this world through those who do His will! Renew your strength by going to Mass, being contrite, turning all of your challenges over to Jesus, and always doing your best. Follow St. Paul’s advice in Phil 4: 6-7, *“Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus.”*



Throughout my 2016-2017 combat tour I volunteered during my little free time to support injured Afghan Vets and the Saint Mother Teresa’s Sisters of Charity who selflessly run orphanages throughout Afghanistan to care for abandoned children.

PRAY CONSTANTLY. VOLUNTEER. BE HEALTHY AND GRATEFUL!

Whatever you do, do it for God’s glory. Do not let yourself become bored or complacent – constantly set goals for yourself whether academic, extracurricular, sports, or whatever. As Leo Tolstoy said, *“The Most difficult thing, but an essential one – is to love Life, to love it even while one suffers, because Life is all, Life is God, and to love Life means to love God.”* I was, at best, an average athlete at A.C., but my “averageness” got me into and through more than a few Boston (and other) Marathons. Those races were fun and best of all they strengthened my faith and perseverance. (The physical training offset my tedious studies during law school and remains for me a great stress relief activity.)

ALWAYS REMAIN POSITIVE! SEEK AND YOU WILL FIND!

Next to the Roman Catholic Bible and the stories of the Saint’s lives, the two books that have most impacted my life and faith are Norman Vincent Peale’s, *The Power of Positive Thinking* and *My Daily Bread – Meditations*, by Anthony J. Paone, S.J., (which you can download for free at: <https://archive.org/search.php?query=creator%3A%22Anthony+J.+Paone%2C+S.J.%22>). I challenge you to read these and to make the most out of the gift of life that God has given you! As I presently transition into military retirement these books continue to provide me with great guidance. In Christ’s name I offer you this advice. God loves you. Never give up!

SERVICE

ANDRA PREDA

Student, Arlington Catholic

At Arlington Catholic, the overarching motto for students and faculty is to “Act Justly, Love Tenderly, and Walk Humbly With God.” Together as a school community, we follow these words closely, choosing to dedicate much time to service and meaningful participation in our surrounding communities. Some students volunteer at nursing homes, others at food banks, and still others within our very own school. I fall into the last group—those who choose to “love tenderly” among their own peers and classmates.

Throughout my years at Arlington Catholic, I have found a love for tutoring because it allows me to share my knowledge and study skills with those who need help or improvement in school. As part of AC’s Homework Club, I tutor students from St. Agnes elementary school every Tuesday; we work on subjects from math to English to foreign language to science, ensuring that all students are comfortable with the topics they are learning. This type of community service has taught me to be patient and understanding, as I have learned that all people have different strengths and passions, as well as areas in which they need just a little help from a caring friend. Overall, my experience in the Homework Club has been driven by the collective understanding in our club that God wants and needs all of his children to work in unity, sharing strengths in order to build a loving community.

Over the past three years, I have grown in faith and love because I have witnessed over and over again the community strength at Arlington Catholic, where students constantly strive to “walk humbly with God.”

BRENDAN MEEHAN**Student, Arlington Catholic**

Imagine what life would be like if you suffered a stroke and could no longer enjoy your favorite past time sailing or perhaps you are a young child with a physical handicap and no friends, or a veteran confined to home because post traumatic stress disorder makes socializing a frightening experience. These situations are real and are faced by hundreds of thousands of people every day. While nothing can make their lives perfect, the ability to have a service dog can help them have fulfilling lives.



My Christian service, since eighth grade, has been as a puppy raiser with Canine Companions for Independence, a nonprofit organization that provides highly trained service dogs to the disabled free of charge. There is absolutely nothing so wonderful as a fluffy, golden puppy with floppy ears and an endless desire to lick you all over....until two o'clock in the morning comes along and the puppy needs to go outside to the bathroom in the middle of a Nor'easter. Puppy raising isn't a simple job. One can't just watch the puppy and let it do what it wants. Service puppies have to learn so many skills. They must always give the puppy raiser 100% attention. Even if the raiser walks to the far end of the room, or around them in circles, the puppy must learn to sit in one spot and rotate so that his eyes never leave the raiser. The puppies must be socialized to every situation one can imagine: greeting people, not jumping up on people, ignoring other dogs, not startling to loud noises, riding buses, trains, going to school, working in the office, etc. They must also learn the first 30 commands of their training. These commands are known as foundations and when the puppy returns to advance training they will be shaped into specific actions. For example, teaching a dog to "shake" is not only a nice social greeting, but it is the motion the dog will later use to turn off lights. It's a lot of work, and sometimes it can be downright frustrating, but it is a job that I love and give myself wholeheartedly.

During the time that I have been raising, I have had the pleasure of changing people's lives. Families with disabled children are one of my favorite groups. It can be hard being in public doing your own thing, and then realize a young autistic child is cautiously checking out your puppy and you know it is important to stop and help by providing a chance for the child to learn to interact with a dog. Sometimes it is a screaming toddler and frazzled parent who just needs a break petting a dog. The elderly adore having a service dog sit with them over coffee at Dunkin Donuts. Everyone has questions and stories to share. It is a warm feeling to know that I have helped people apply for a service dog who will make a positive difference in their lives.

People most often ask how I can let my dog go. There is no easy answer. I love my dogs. I have a cell phone full of pictures, take them to see Santa, fill Christmas stockings, and have birthday parties. They sleep in my room and eventually my bed. They go with me to sports, church, out to dinner, on vacation. We are together all day, every day for twenty four months. The trip to matriculation in New York is painful. It is the day that I will accompany my puppy up on stage and return him to Canine Companions for advance training. I say my goodbyes while hugging my puppy before watching him walk off to the kennels to begin the next stage of his service dog journey. Sometimes, I leave New York with a new fluffy dog with floppy ears and a pink tongue which makes it easier. Sometimes, I have to wait. Always, I remind myself that my puppies let a man with a stroke return to sailing, give a child a friend, and a veteran to know that a dog is there to keep him safe. It is a gift that I am happy to be able to give.

SERVICE



RONAN KIERNAN

Student, Saint Agnes School

Buddy Bench: In January, 2nd Grade student Ronan Kieran learned about an idea some schools around the country had adopted to help children who feel lonely at recess: the buddy bench. He approached his teacher to see if this was something that could be done at Saint Agnes. Ronan's family donated the Buddy Bench and it was unveiled at Morning Prayer during Catholic Schools Week. Students from Arlington Catholic's National Honor Society visited Grades K1-5 to explain the purpose of the Buddy Bench and how to use it at recess. We are all so thankful to Ronan for this great idea which will help children for years to come! For more information about Buddy Benches, visit: www.buddybench.org.

STUDENTS

Saint Agnes School

VIRTUE OF THE MONTH:

This year, Saint Agnes started an initiative to highlight a virtue each month. The goal was to learn about the virtue, as well as a Saint who modeled that virtue, and then to practice that virtue throughout the month. This program was elevated in January, when our Student Council President took the lead on introducing the Virtue of the Month to the student body at Morning Prayer. Additionally, Father Graham preached on the Virtue of the Month during his homily at each monthly School Mass. At the end of each month, teachers selected one student from each homeroom class who had been demonstrating that month's virtue to be recognized.

Sports Awards

The following students received recognition for their achievements in athletics.

CCL All Stars

Football: Michael Burke, Joseph Greaney, Kordell Parrish, Michael Kallenberg, Justin Smith

Boys Soccer: Chris Matthews, John Grande

Girls Soccer: Maddy Courtney, Kaley Moran, Katie Ives, Caroline Peterson

Volleyball: Hannah Brady (CCL MVP), Erica Kenney, Kristen O'Keefe, Katrina Perez

Boys Cross Country: Sean Kay (CCL MVP, Boston Herald All-Scholastic), Andrew Doyle, Shawn Brown, Ned O'Keefe, Brian Morgan

Girls Cross Country: None

Golf: John Cammarano, Ryan Maher, Rob Valeri

Boys Basketball: Cameron Garber, Jack Connaughton

Girls Basketball: Erin Donlan, Isabella Petrillo

Boys Ice Hockey: Vasilios Papathanasiou

Girls Ice Hockey: Christina Gesualdi, Molly Simmons

Indoor Track: Sean Kay, Jack Thorpe

Swimming: Jessica McNamara, Rylee Wirtanen, Gavin Healy

Boys Lacrosse: Riley Donovan, Josh Smith, Jack Thorpe

Girls Lacrosse: Jamie Powderly

Baseball: Kieran Mullen

Softball: Lexi Morris, Molly Simmons, Veronica Burke, Maddie Van Winkle

Boys Outdoor Track: Sean Kay, Ned O'Keefe, Connor Hamilton, Brian Morgan, Andrew Doyle

Girls Outdoor Track: None

Boys Tennis: Vasilios Papathanasiou

Girls Tennis: Sage Chircu

Athletic Awards 17-18:

Hobey Baker Award (Ice Hockey): Vasilios Papathanasiou, Mia Raso

John Cronin Award (Basketball): Carrigan Dall, Michael Burke

Thomas Duffy Award (Track): Veronica Caruso, Chris Matthews, Jimmy Matthews

John J. Finnigan Award (Baseball): Michael Paulo

Coach Cal Award (Baseball): Timothy Simmons

Bob Martin Award (Softball): Veronica Burke

Dr. John Treanor Award (Football): Michael Burke

Jim Prior Character Award (Ice Hockey): Timothy Simmons

Jim Prior Character Award (Alumni Recipient): Mike Martin

Jessica Downey-Fiorino Award (Volleyball): Hannah Brady

Scholar Athlete Awards: Anna Lynch, Kieran Mullen

Woman and Gentleman Athlete Awards: Caroline Peterson, Kieran Mullen

CCL Scholastic Honorees: Veronica Burke, Timothy Simmons

Shriners Football All Star Classic Game: Michael Kallenberg, Justin Smith

Agganis Football All-Star Game: Kordell Parrish

Agganis Soccer All-Star Game: Veronica Caruso, Caroline Peterson

TEAM RECORDS

Boys Cross Country: 9-0, CCL Champions

Girls Cross Country: 3-5

Football: 5-6, State Tournament

Golf: 4-10

Boys Soccer: 4-12-2 (wins, losses, ties)

Girls Soccer: 7-8-3 (wins, losses, ties)

Volleyball: 18-5, CCL Champions, Division 2 North Semifinalists

Boys Basketball: 8-12

Girls Basketball: 10-11, State Tournament

Boys Ice Hockey: 3-10-7 (wins, losses, ties)

Girls Ice Hockey: 0-20-0

Indoor Track: 6-1

Swimming: 5-3

Baseball: 5-15

Softball: 15-7, State Tournament

Boys Lacrosse: 1-17

Girls Lacrosse: 3-14-1 (wins, losses, ties)

Boys Outdoor Track: 2-1

Girls Outdoor Track: 0-3

Boys Tennis: 4-8

Girls Tennis: 6-8

Sports *News*

Girls Basketball Coaches

At the conclusion of last winter's season, Dave Brady retired from coaching at AC. Brady was the Head Coach of the Girls Varsity Basketball team at Arlington Catholic for 25 years. During his career, Brady won eight CCL Championships, and two Division 2 State Championships (2011, 2014).

The new Girls Varsity Basketball Head Coach will be Mr. Kenneth Small, Jr. Mr. Small comes to AC after three years as the Head Coach at Newton Country Day. As a player, he was a four year starter at Brandeis University and the all-time leading scorer at Stratford High in Connecticut.

Football Coaches

Serge Clivio retired from coaching football last year after 28 years as the Head Coach of the Arlington Catholic Varsity football team. During his tenure as Head Coach, Clivio led the Cougars to eight CCL Championships and two Super Bowl titles (1993, 2008). Mr. Clivio has been teaching theology at Arlington Catholic since 1984, and will continue in that capacity in addition to assisting in the Athletic Department.

The new Head Football Coach is Mr. Anthony Petrelis (AC class of 2001). Petrelis played for Mr. Clivio and was captain of the football team in 2000. He has been an assistant coach for the AC football team, and was the Defensive Coordinator for the Super Bowl winning team in 2008. Mr. Petrelis is also an award winning elementary school teacher in the Medford Public Schools.

Erin Donlan

In a girls varsity basketball game last February versus Bishop Fenwick, junior Erin Donlan scored her 1000th career point. Donlan, who is a Senior Captain on this winter's team, has been starting on the varsity since her freshman year. She is the 20th basketball player (and 12th woman) in Arlington Catholic basketball history to surpass 1000 career points.

Sean Kay

During the 2017-18 school year, Sean Kay had an outstanding sophomore year for the Arlington Catholic cross country and track teams. During the fall 2017 cross country season, Kay finished in first place at the Catholic Central League Championship Meet for the second year in a row. He was also named CCL MVP after leading the boys cross country team to the league title for the first time in 15 years. He wrapped up his sophomore season of cross country by qualifying for the Division 2 All-State Meet, where he was the top sophomore finisher and placed 9th overall. He was named a Boston Herald All-Scholastic in cross country.

During the indoor track season last winter Kay was named the league's outstanding performer, and broke his own school record in the 2 mile. He finished in 5th place in that event at the MIAA Division 5 Championship Meet.

In the spring, Kay lowered his own school record in the outdoor 2 mile as well. He won the 2 mile race at both the MSTCA Freshman/Sophomore Meet, and the CCL Championship Meet, and also finished 4th in that event at the EMass Division 4 Meet to qualify for the All-State Meet.

As a junior this fall, Sean Kay has continued to progress and has become one of the elite cross country runners in the state. At the end of September, Sean finished in first place in the Division 2 boys race at the Frank Kelley Invitational for the second year in a row. In October he finished first in the boys varsity race at the CM Invitational. After winning the CCL Championship Meet for the third year in a row, he was again named the league MVP. In November, Sean finished first in the Division 5 Championship race at the MIAA EMass Divisional Meet. It was his first divisional title. The following week, Sean finished second overall in the boys Division 2 race at the MIAA All-State meet, only 2 seconds behind the defending champion from Newburyport. He was named a Boston Globe and Boston Herald All Scholastic for the fall of 2018.

Annual Fund

We gratefully acknowledge the generosity of so many members of our community in supporting our Annual Fund between July 1, 2017 and June 30, 2018. We do our very best to keep an accurate and up to date list, if you feel there are any errors, please do not hesitate to contact us.

SISTERS OF SAINT JOSEPH SOCIETY

The Sisters of Saint Joseph Society is comprised of lead investors committed to the future of Arlington Catholic High School. Membership is open to all individuals, families or organizations who provide gifts and pledge amounts of \$500 or more in a given fiscal year to The AC Fund. Members include Leadership Circle, 1960 Society, Benefactors Club and Future Founders.

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Megan (Whyte) de Vasquez '97
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Mr. & Mrs. Daniel Wolk & Children
 Jean Marie (Wood) Medina '00
 Elaine Woods '18
Anne Wynters '10
Chuck & Kathy Wynters
 William M. Young '88
 + *Deceased*

Matching Gift Companies

Arbella Charitable Foundation
 Eaton Vance Management
 Fidelity Charitable Gift Fund
 General Electric
 Northwestern Mutual Foundation
 NSTAR
 Raytheon
 State Street

Donor Highlights

\$50,000 gift from an
 Anonymous donor

**Longest giving traditions
 to the AC Fund:**
 Mr. and Mrs. Robert Shea - 29
 consecutive years

Thank you!

599
INDIVIDUALS AND
ORGANIZATIONS
SUPPORTED THE
AC FUND THIS
YEAR



240

Alumni
Donors



198

New Donors to the
2017-2018 AC Fund

69



Sisters of Saint Joseph Society
Members: Gifts totaling \$500 or more

100% of faculty and staff
contributed to The AC Fund



\$226,509

Raised for The AC Fund

\$50,000

Largest Gift to
The AC Fund

287

Sister Melania Society Members:
Consecutive year donors to The
AC Fund

122

Parent
Donors

FIDELITAS

Arlington Catholic High School
16 Medford Street
Arlington, MA 02474

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Keep us *Informed*

Are you moving, or have you moved? Have you recently graduated from college, been promoted, won an award, or married? Please send any additional information you would like to see published in the next edition of Fidelitas Alumni News Section to alumni@achs.net or attach, on a separate sheet of paper and mail to AC.

Complete this form and send it to:

FIDELITAS
Arlington Catholic High School
16 Medford Street
Arlington, MA 02474

Name _____ Class _____
LAST FIRST MIDDLE

New Address: _____
NO. STREET CITY ZIP

Phone _____ Email _____

Old Address: _____
NO. STREET CITY ZIP