

## INSTRUCTIONS FOR HONORS WORLD HISTORY SUMMER READING 2020

Welcome to Arlington Catholic and to Freshmen World History! Your summer reading is meant to prepare you for this upcoming year so that you are ready to take on the content and challenges of this course.

### - **Sugar Changed the World: A Story of Magic, Spice, Slavery, Freedom, and Science by Marc Aronson**

This book traces the origins and journey of one of the most familiar substances known to us today. Through your reading, you will see the interconnected nature of history and prepare yourself for building those same connections in the upcoming year. Please read the book carefully; you will have a short project based on the reading you have done and you will be using the knowledge gained from the book throughout the year. You do not have to take notes or turn in any physical work, but you are responsible for the content of the book for the upcoming year.

If there are any questions, please contact Mr. Sarmiento, [rsarmiento@achs.net](mailto:rsarmiento@achs.net)