



Saint Agnes School
Arlington Catholic
High School

Alumni Newsletter

June 2024

Reflections from Dr. Andrew Keough

Dear Saint Agnes School/Arlington Catholic High School Community,

I have noticed in recent years how memories of certain events from my youth are particularly clear. These experiences seem to be locked into my mind with perfect detail. For instance, I can remember the smell of our house when we moved from New Jersey to Massachusetts in August 1969. I was 7. I still pick up on it from time to time when coming up the stairs from our basement and it instantly brings me back to that late summer day. I also remember the sound of the waves and the fog horn blowing at Cleveland's Ledge, outside the windows of our cottage in Mattapoisett. Today these sounds and smells still make me feel connected to those places and I hope they will stay with me for the rest of my life.



As Alumni of Saint Agnes School and/or Arlington Catholic High School, I hope you too have fond memories of your time growing up on Medford Street. I hope when you close your eyes and think back to your time here, that you can visualize the flowering springtime trees, or that you can smell the donuts and coffee from Gail Ann's, or that you can remember walking (or sometimes trudging) the stairs of our schools. In the case of Saint Agnes School, they are now 135 years old and have grooves worn in them from the 1,000's of feet that went up and down them each day, year after year!

The older we get, the more we appreciate the people, places, and things from our past. I am happy to report that as we now round out another school year we are quickly becoming "the memory and recollections" for our students who are leaving us. We are appreciative of the time they spent here and their many contributions, and we want them to know that they, just as with our earliest graduates, will always be welcome to their home here on Medford Street.

I wish all of you the very best for a safe and enjoyable summer. May you

find plenty of time for family and reconnecting with friends and classmates from your past.

Wishing you much peace,

Andrew

Alumni Spotlight: Cate Gallagher SAS '14, AC '18

“Growing up on Medford Street” molded me into who I am today. From Kindergarten at Saint Agnes School starting in 2005 to my graduation from Arlington Catholic in 2018, my time at our school was full of challenging academic experiences, fulfilling extracurriculars, and caring teachers and friends.



Currently, I am completing my Master's Degree. I will graduate in December with a degree in Voice Performance from the Longy School of Music. I am also a pianist and work as a church musician accompanying masses each weekend at the Catholic Parishes of Arlington Collaborative. While I always knew music would be a part of my career path, my time at Arlington Catholic allowed me to explore those interests more deeply. In particular, during my junior and senior years, I was able to accompany the Arlington Catholic and Saint Agnes School choirs at all school liturgies. Looking back, this was crucial to developing my comfort level and experience that I now draw on in my work as a church musician.

Some of my favorite Arlington Catholic memories were during my time in Campus Ministry. In particular, altar-serving Catholic TV masses with our former pastor Fr. Flatley alongside my sister Michaela Gallagher (SAS '15, AC '19) and other friends was always a special time. While at Arlington Catholic, I also participated as a student leader of the “Homework Club.” Each Tuesday afternoon, a group of high school students went across the street to Saint Agnes School and spent one-on-one time assisting the students with their homework. I found this a fulfilling way to help others while giving back to my elementary school.

I credit Arlington Catholic for instilling in me my work ethic and sense of responsibility. The rigorous academics combined with the high standards held by the faculty taught me to handle challenges with perseverance and confidence while striving every day to live out the values in Arlington Catholic's motto: “Act justly, love tenderly, walk humbly with God.” My advice to current high school students is to appreciate the day-to-day moments of your high school experience. It can be so easy to get caught up in what's next post-graduation, and while it's normal to feel eager and excited for these milestones, don't wish your high school years away.

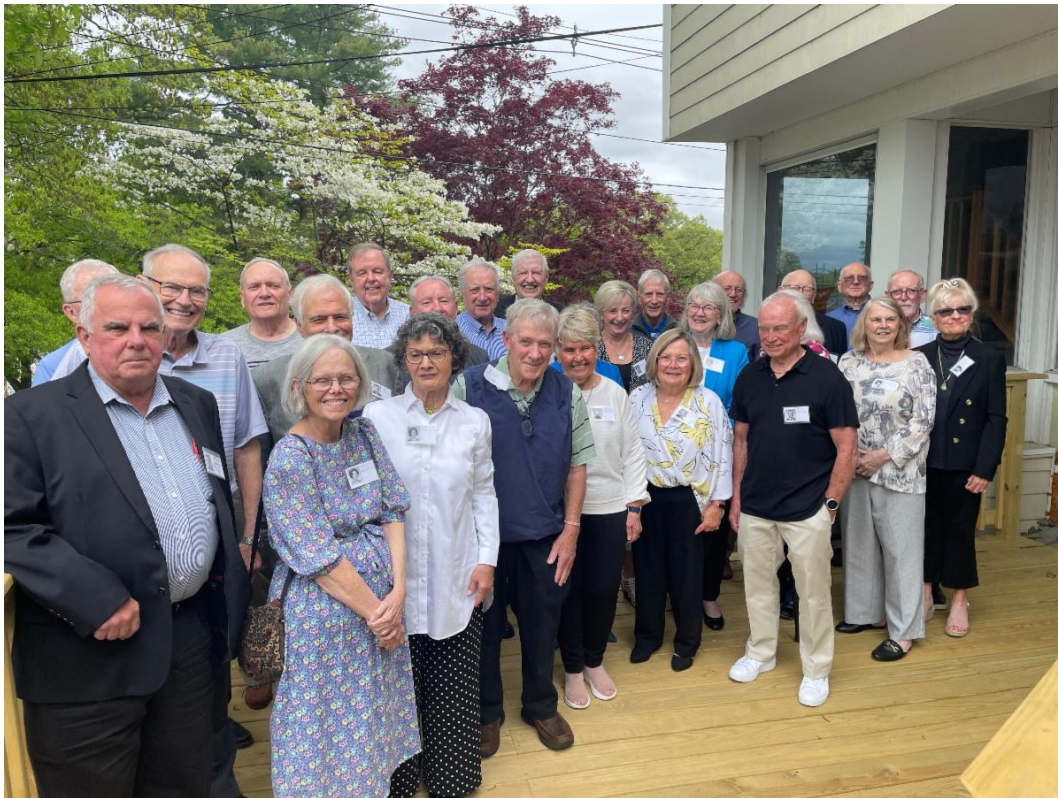
Enjoy every minute!

(Photo courtesy of Photography by Hannan Du)

We are committed to featuring SAS/AC alumni and their lives after graduation in future editions of our alumni newsletter. Do you know of fellow alumni living the mission of SAS/AC in their professional or personal lives who would be open to being interviewed by Sister Barbara McHugh and featured in a future alumni publication? Please email Sister Barbara directly at sbarbara@achs.net to nominate an alum or yourself!

Class of 1964 - 60th Reunion

35 members of the Class of 1964 celebrated their 60th reunion on Saturday, May 18 at the Woburn Country Club. A wonderful time was had by all who attended, most of whom spent a full 12 years together at Saint Agnes School and Arlington Catholic High School!

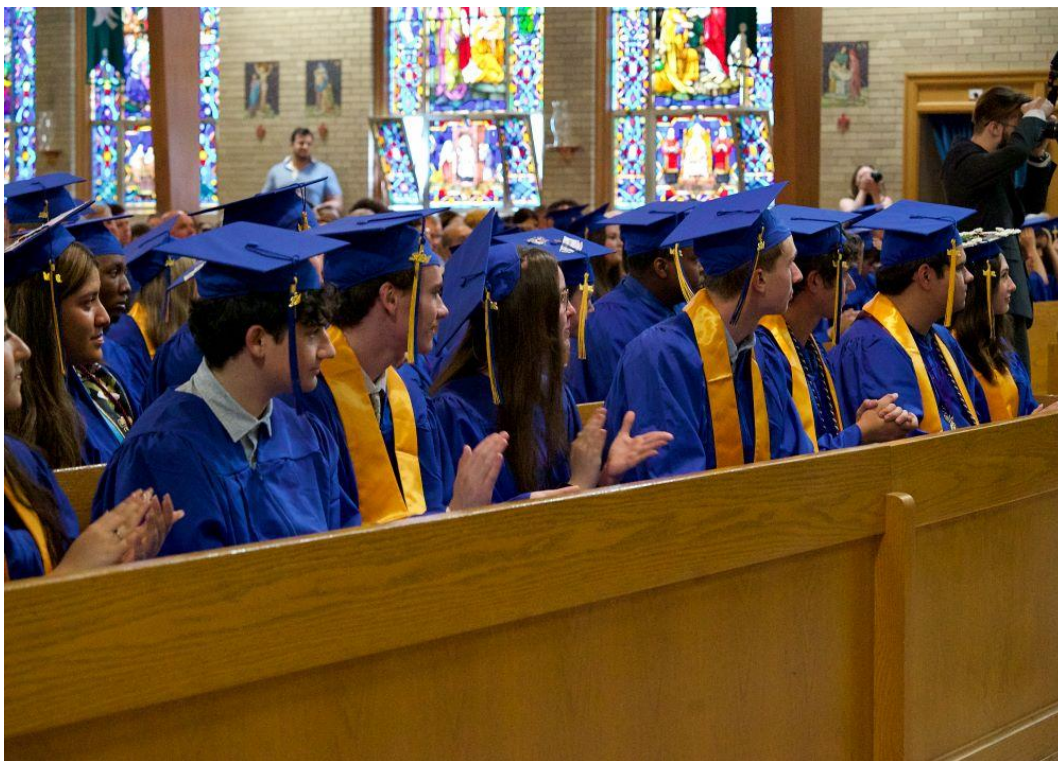




Campus Happenings

Congratulations to the Class of 2024!

Congratulations to the Class of 2024! We recently celebrated this outstanding group at their Baccalaureate Mass and Awards Ceremony, and Commencement. We wish them the best of luck and can't wait to see what they accomplish next!



8th Grade Liturgy and Awards Ceremony

On Thursday, June 6, we celebrated our 8th graders at their Liturgy and Awards Ceremony. The evening began with a Mass followed by an awards ceremony recognizing and celebrating our students' accomplishments at Saint Agnes School.



Quarter Century Society Induction

On Friday, June 7, during the final First Friday Mass of the school year, Mrs. Betty Lally and Mr. David Wilcox were inducted into the Quarter Century Society for their 25 years of service to the Arlington Catholic community! Both Mrs. Lally and Mr. Wilcox have given so much to the Arlington Catholic community and we are so grateful for them!





Fun Run

Our first annual Fun Run was a HUGE success! We raised over \$50,000 to support our school community. All funds raised have gone directly to the expansion of our curriculum and the building of our new playground!



Spring Sports

Congratulations to all of our spring teams on another very successful season! Special congratulations to our Softball team for making it to the Elite 8. They had a tough loss against Dighton Rehoboth but finished 9th out of 47 - a huge accomplishment!



We're Saving a Seat for YOU!

We only need a few more donations to reach our goal! Please **[CLICK HERE](#)** to "Save Your Seat" today and help support the expansion of our classrooms at Saint Agnes School!



Saint Agnes School
Arlington Catholic
High School



**We're Saving a
Seat for YOU!**

**Will you help support the expansion
of classrooms at Saint Agnes School?**

Our school will be adding new classrooms this fall due to our growing enrollment and we will need to purchase new desks and chairs.

In honor of the 135th anniversary of the founding of Saint Agnes School, we are asking you to consider a gift of \$135. Funds raised will allow us to replace aging furniture and also equip new classrooms.

Your gift will be put to immediate use to benefit Saint Agnes School.



**YES, I want to help
Saint Agnes School
celebrate 135 years
and prepare for the
future!**

Help us cross the finish line on another year!

As we close out our fiscal year, we count on **your** support to help us cross the finish line! Your gift goes to work immediately to support more than 800 students on our campus.

We hope we can count on you today! Click below to make a gift in any amount.

Make Your Gift!

Upcoming Reunions

Class of 1974 - 50th Reunion

Date: Saturday, June 22, 2024

Location: Savinos Italian Restaurant, 449 Common St, Belmont, MA 02478

Time: 5:00 PM

Cost: \$60

Contact: Bill Driscoll at bdriscoll@lindenmeyrcentral.com and Larry Barton at laurencebartonllc@gmail.com

CLICK HERE for more information!

Class of 1979 - 45th Reunion

Date: Saturday, November 2, 2024

Location: Knights of Columbus, 15 Winslow St, Arlington, MA 02474

Time: 6:00 PM to 11:00 PM

Contact: Patty Mazure at pmmazure@gmail.com

Class of 1984 - 40th Reunion

Date: Saturday, November 9, 2024

4:00 PM to 5:00 PM: School Tour

5:30 PM: Mass

6:30 PM: Donut Villa Backroom

Contact: TBD

Class of 1994 - 30th Reunion

Date: Saturday, October 5, 2024

Location: Menotomy Grill & Tavern, 25 Mass Ave, Arlington, MA 02474

Time: 7:00 PM to 11:00 PM

Contact: Michelle Deasy at michelledeasy@icloud.com and Christine Fleming at christinejfleming@gmail.com

Class of 2004 - 20th Reunion

Date: Saturday, September 7, 2024

Location: Sam Walker's American Tavern, 1 Rainin Rd, Woburn, MA 01801

Time: 5:00 PM

Contact: Mary Bowen at marycecilia.bowen@gmail.com

4's and 9's...It's Your Reunion Year!

Reunions are held every 5 years so if your graduation year ends in '4 or '9 your reunion year is 2024!

CLICK HERE to view a message from our Alumni Relations Ambassador, Sister Barbara McHugh about planning for your upcoming reunion.

Class Agents

We need Class Agents for the following classes: 1965, 1966, 1968, 1973, 1976, 1981, 1986, 1991, 1992, 1993, 1994, 1997, 2003, 2004, 2005, 2007, 2012, 2021, 2022, 2023, 2024

Click below if you are interested!

Become a Class Agent

Class Notes and In Memoriam

Submit your class note for the next edition of Fidelitas!

This is a great chance to let your fellow alumni know what is happening in your life. Whether you've just hit a major life milestone, recently traveled somewhere new, or began a new business venture, we want to hear about it!

Click below to submit a class note today!

Submit a Class Note

In Memoriam

If you are aware of a graduate of Saint Agnes School or Arlington Catholic High School who has passed away, we would be most grateful if you would kindly email Sister Barbara McHugh at sbarbara@achs.net.

This will be our final alumni newsletter for the 23-24 school year, but don't worry, we'll be back in September!

We hope you have a wonderful summer. Stay in touch!

Update Contact Information

Visit Our Website



Saint Agnes School/Arlington Catholic High School | 16 Medford St | Arlington, MA 02474
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