



Saint Agnes School

Arlington Catholic  
High School

# Alumni Newsletter

March 2025

## A Word from President Keough

**Click here** to read Dr. Keough's latest letter to families regarding the 'State of the Schools.' This letter offers valuable insights into the school's progress and future direction in recent months and years.



## Alumni Spotlight: Patrick Bradley-Cooney '20

I am currently finishing my senior year and completing my bachelor's degree while playing baseball for the University of Alabama. However, my journey here has included several stops along the way since leaving Arlington Catholic. I've studied in Florida, Maryland, and North Carolina, while spending my summers at home playing in the Cape Cod Baseball League. I've been fortunate to have many members of our community come to see me play, and I always enjoy spotting a familiar face after my games. After graduating in May, I plan to continue both my education and baseball career by pursuing a master's degree.

During my time at Arlington Catholic, I felt at home from the moment I walked through the doors. My experiences at St. Agnes and my involvement at Fidelity House made the transition to Arlington Catholic seamless. I still have the same friends from my early days at St. Agnes, along with many more friendships formed along the way. While at AC, I was actively involved in basketball, baseball, and the Humanitarian Club. It was a great balance—allowing me to stay invested in sports, make time for community service, and strengthen my faith.

It's impossible to narrow down just one or two favorite teachers and mentors from my time at Arlington Catholic because so many of them impacted my life. My mornings were always brightened by Mr. Killion

and Ms. Butt. Mr. Gendron, my assistant baseball coach and guidance counselor during the middle years of high school, had a job I wouldn't wish on anyone! Mr. Graceffa, Mr. Clivio, and Mr. Cobb all left a lasting impact—whether it was through a stern talking-to for being tardy or kind words of encouragement during tough times. One teacher who stands out in particular is Mrs. Gould, who taught me at both AC and St. Agnes. It was special to have a teacher who truly understood me, from sixth grade all the way through high school, pushing me to be the best version of myself. I'd be remiss if I didn't mention Coach Hall and Coach Burke, who taught me countless lessons and helped me mature both on and off the field. I'm fortunate to still have them in my life—it's rare to be able to say that your high school coaches continue to watch you play, whether it's on a summer night on the Cape or all the way down in Tuscaloosa. I'm truly grateful for the relationships I've formed at Arlington Catholic, and I cherish them deeply.

The advice I'd offer to current and future Cougars is to embrace the community around you and get involved. Be outgoing, dive into building relationships with your peers, teachers, mentors, and coaches. Having these amazing people in your life to support you on your journey is priceless. The community between St. Agnes, Arlington Catholic, and Fidelity House is incredibly special, filled with kind-hearted individuals who genuinely want to see you succeed.



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*We are committed to featuring SAS/ACHS alumni and their lives after graduation in future editions of our alumni newsletter. Do you know of fellow alumni living the mission of SAS/ACHS in their professional or personal lives who would be open to being interviewed by Sister Barbara McHugh and featured in a future alumni publication? Please email Sister Barbara directly at [sbarbara@achs.net](mailto:sbarbara@achs.net) to nominate an alum or yourself!*

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## **Upcoming Events**

**Saint Agnes School /  
Arlington Catholic High School**

*Invites you back for*

# Quiz Night

***Saturday, March 29th***

**ACHS GYMNASIUM  
DOORS OPEN AT 6:00 PM**

**Purchase Tickets!**

**Sponsor!**

**Purchase Drink  
Tickets!**

**Campus Happenings**



## Founders Day

Thank you for making **Founders Day 2025** such a successful and memorable event! With your incredible generosity, we raised over **\$15,000**, which will go a long way in supporting and enhancing the programs and resources for our school community.

A special thank you to our cheerleaders and students out front during drop-off, cheering on everyone with excitement and enthusiasm. Your energy helped set the tone for the day, making it even more special. We truly appreciate your generosity and commitment to our schools. Together, we continue to make a difference in the lives of our students and strengthen our community.

Thank you again for your support and for helping make this day a success.

With appreciation,  
Michelle



## St. Joseph's Day

On Wednesday, March 19, we celebrated the Feast of St. Joseph. Our students attended Mass on that day. Saint Agnes School hosted many fathers at their Mass. Some fathers participated in the Mass and they were invited to breakfast at the school after Mass. We thank all fathers who model the virtue of humility like St. Joseph. Sister Barbara McHugh shared with the students the story of her vocation as a Sister of St. Joseph.

At the Arlington Catholic Mass, nine Sisters of St. Joseph were honored

and celebrated. Each Sister received a lovely bouquet of flowers and were escorted by fine young male students to their seats and out of the Church. We were thrilled that Sister Cathy Clifford, Principal of Arlington Catholic for 19 years, was able to join us that day. Sister Barbara McHugh shared a reflection on the life of Sisters of St. Joseph in 2025. Following the Mass, the Sisters were treated to a lovely luncheon with Administrators and members of the Advancement team.

We give thanks for the legacy of the Sisters of St. Joseph at Saint Agnes School and Arlington Catholic High School.



## ACDC "Pride and Prejudice"

The Arlington Catholic Drama Club performed *Pride and Prejudice*. The show was not only student performed, but student directed! Congratulations to all of our talented drama students!



## Reunions

### **Class of 1975 - 50th Reunion**

**Date:** Saturday, November 1, 2025

**Time:** 6:00 PM to 11:00 PM

**Location:** Concord Colonial Inn, 48 Monument Square, Concord, MA 01742

**Contact:** Joseph Giurleo at joeg@baystatewiring.com or 978-667-9300

**CLICK HERE** for additional details!

### **o's and 5's...It's your reunion year!**

Reunions are run by members of each class and are held every five years. If your graduation year ends in a 'o or '5 your reunion year is 2025!

**CLICK HERE** to view a message from our Alumni Relations

Ambassador, Sister Barbara McHugh, CSJ about planning for your upcoming reunion.

## Alumni Survey

This is a friendly reminder to please complete the Alumni Survey if you haven't yet done so by **MARCH 30TH**. We want to hear from you on our school's strengths and areas to focus as we begin planning for next year - your input is important.

As a reminder, the leadership team will review the results with the CSSN to engage in a reflection and strategic planning process. We will then share our findings and plans for next year with you later this Spring.

Don't hesitate to reach out with any questions.

**Alumni Survey**

## Class Notes and In Memoriam

Submit your class note for the next edition of Fidelitas!

This is a great chance to let your fellow alumni know what is happening in your life. Whether you've just hit a major life milestone, recently traveled somewhere new, or began a new business venture, we want to hear about it!

Click below to submit a class note today!

[Submit a Class Note](#)

## In Memoriam

If you are aware of a graduate of Saint Agnes School or Arlington Catholic High School who has passed away, we would be most grateful if you would email Sister Barbara McHugh at [sbarbara@achs.net](mailto:sbarbara@achs.net).

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